

Youth Service Opportunities Directory



"We can't all do great things, but we can do small things with great love." Mother Teresa

Diocese of Raleigh
Office of Youth Ministry

Welcome to the Youth Service Opportunities Directory!

As Catholics, we are called to service. Through serving others, we learn lessons and put our lives into perspective. There will always be people who are better off than we are, but there are even more people who are not as privileged as we are. Therefore, it is our duty as young Catholic Christians to reach out our strong and capable arms and embrace the world. We have many talents, valuable time and even a little bit of treasure that we can use to benefit those that are less fortunate.

We have developed a directory of service opportunities that span the Diocese of Raleigh so that you can grab a friend or your entire youth group and make use of the gifts that God has blessed you with to serve your community. Please keep in mind that there is always something to be done; if you don't find what you're looking for listed in the directory, please visit the websites listed at the end of the directory, talk to your pastor, your youth minister, your guidance counselor and surf the net. We are the young church - if we expect to see change in the world, we need to become the change.

A few logistical notes:

The directory is in alphabetical order under the following categories listed in the following order:

- ♦ Animals
- ♦ Environment
- ♦ Community and Family Services
- ♦ Children's Services
- ♦ Youth Opportunities
- ♦ Medical, Fundraising and Donations
- ♦ Social Justice
- ♦ Volunteer Organizations, and
- ♦ Websites.

Most of the opportunities listed are ecumenical or not religiously affiliated. There is also an index, where the opportunities are listed alphabetically under each deanery. This will allow you to find the opportunities closest to you. If you find any of the information to be incorrect or out of date, or if you have an opportunity that you would like to add, please notify us at Hagarty@raldioc.org

Good luck and have a great time making a difference!

The Youth Ministry Office
The Catholic Center
715 Nazareth Street
Raleigh, NC 27606-2187
Fax: (919) 821-9712
Phone: (919) 821-9770

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Youth Service Opportunities

Animals:

AnimalKind

Mission Statement

AnimalKind's mission is to work with the animal welfare community to eliminate the need to euthanize adoptable animals.

Description

AnimalKind, founded by communications professionals, has provided mass-media, public education programs to promote the spaying/neutering of cats and dogs. In 2004, we will launch the area's first targeted, screened subsidy fund to enable low-income pet owners to spay/neuter their pets.

Address

PO Box 12568
Raleigh, NC 27605

Contact: Joan Williams Ott (President & Founder)

Phone: (919) 870-1660

Fax: (919) 870-8410

Email: info@animalkind.org

Website: www.animalkind.org

Carolina Canines for Service, Inc.

Mission Statement

Carolina Canines For Service, Inc. is dedicated to empowering people with disabilities to achieve greater independence and enhanced quality of life through the services of specially trained service dogs.

Description

A service dog is a dog individually trained to perform tasks for the benefit of a person with a disability other than blindness. Service dogs perform a wide variety of tasks, which enable individuals to experience increased independence and enhance quality of life. Service dogs trained through Carolina Canines for Service, Inc. are able to perform the following tasks for their partners: retrieving; dropped/distant objects; pulling wheelchairs; opening doors; carrying items; rising to high counters (i.e. banks, hotels); physical support for mobility and transfers to/from wheelchairs; physical assistance to recover from a fall; dressing or undressing; assisting with household tasks such as bed making and laundry; assisting an individual after a seizure Carolina Canines

for Service, Inc. acquires dogs for the program from a variety of sources including donations from reputable breeders, rescue organizations, and local animal shelters. Purebred and mixed breed dogs are both utilized, with an emphasis on using rescued and shelter dogs. All dogs are spayed/neutered prior to entering service. Male and female dogs are equally suited to service work.

Opportunities

Animal Assisted Therapy Team- Tue Apr 1, 2003 to Fri Dec 31, 2004

Foster Puppy Parents- Ongoing

Address

PO Box 12643

1200 N. 23rd St., Suite 101

Wilmington, NC 28405

Contact: Rick Hairston (Executive Director)

Phone: (910) 362-8181

Fax: (910) 362-8184

Email: info@carolinacanines.org

Website: www.carolinacanines.org

Colonial Capital Humane Society

Mission Statement

Our mission is the prevention of cruelty to animals, the relief of suffering among animals and the extension of humane education to the public.

Description

CCHS is a non-profit organization that helps Craven County through our foster home program (we do not have a shelter facility), our Emergency Vet Program, and our low-cost spay neuter program.

Opportunities

Foster Home- Ongoing

Address

PO Box 326

New Bern, NC 28563

Contact: Michelle Moll (Board Member)

Phone: (252) 633-0146

Email: cchs@colonialcapital.org

Website: www.colonialcapital.org

Friends of Rocky Mount Animals

Mission Statement

All animals have the hope of good food, fresh water, a loving touch, a warm bed and a healthy life with someone who cares. With this in mind, our mission is to instill an appreciation and respect for all living creatures with whom we share this earth. Our intention is to make a difference for homeless animals in our county. We believe that animals, as living creatures deserve to be protected, respected and given every consideration morally and ethically. The Gas Chamber is a terrible ending for an animal who is unloved, neglected, mistreated, abandoned, injured or abused. So it is with heavy hearts we know that we cannot save every animal. We can, however, save them one at a time.

Description

Non profit animal rescue group who works directly with City of Rocky Mount Animal Control to help save as many of their animals as possible.

Opportunities

Volunteers needed-Ongoing

Address

P.O. Box 4936
Rocky Mount, NC 27803

Contact: Laura Gearhart

Phone: (252) 314-7907

Fax: (252) 937-6809

Email: foranimals2002@aol.com

The Haven-Friends for Life

Mission Statement

Established in 1996 to help solve the problem of abandoned animals, we have become the largest and most successful no-kill animal shelter in North Carolina. Last year we found loving homes for approx. 2000 abandoned pets and provided spay/neuter services for approximately 3000. We currently house approx. 700 animals. Our cooperative agreements with animal control and humane organizations across the state has reduced the euthanasia rates in some counties by as much as 50%, thus saving taxpayers money and saving animals lives. Last year we saved approximately 2800 lives that were slated for euthanasia. We are the only shelter that specializes in rescuing these forgotten pets. We also receive animals being abandoned by their owners. Many we find left at our gates, some tied to the trees. We received over 800 anonymous animal donations this way last year. We are a non-profit (501)(3)(c) organization, funded entirely by donations and adoption fees. We receive NO county, state, or government funds.

Description

The Haven Friends for Life is the only no kill shelter that specializes in LAST, BEST HOPE RESCUES. We have partnered with animal control agencies in Cumberland,

Moore, and Harnett counties to transfer about to be euthanized animals to our shelter for adoption. This year this program will save the lives of approximately THREE THOUSAND cats and dogs that otherwise would be killed. This life-saving program desperately needs community support! **WHAT WE'RE DEALING WITH:** The Haven Friends for Life serves the military communities of Ft. Bragg & Pope AFB. Over 8000 troops have been deployed, with thousands of others on alert awaiting their turn. This means that there are more homeless animals and fewer homes to adopt them. Adoptions, foster homes, volunteers and donations are needed desperately. For those that can no adopt at this time, The Haven Friends for Life challenges everyone who ever has loved or been loved by a pet to sponsor an animal at The Haven. The cost is only \$1.66 per day, less than the cost of 2 cups of coffee. A donation of \$50.00 per month would help us provide housing, medical care and food to a homeless animal. Sponsorship for our 700 rescued animals will ensure that we will have the resources with proper care. All donations are tax deductible!

Address

400 Fulford Mcmillan Rd
Fayetteville, NC 28376

Contact: Ann Mcmillian
Phone: (910) 875-6768
Email: rightonsista@msn.com

Helping Horse, Inc.

Details: Volunteers needed to assist disabled riders during therapeutic horseback riding classes. No horse/riding experience needed. Program operates from September through July every year.

Skills: none

Date: Wed Sep 1, 2004 to Tue May 31, 2005

Time: 6:00 pm - 8:00 pm

Est. Time: 2 hours per Week

Address

12200 Shooting Club Road
Raleigh, NC 27613

Contact: Sara Jones (Volunteer Coordinator)
Phone: (919) 848-0153
Email: HHTRP@aol.com

Merlin's Song

Mission Statement

We are a not-for-profit, all volunteer, no kill feline rescue organization dedicated to the rescue, treatment, socialization and adoption of felines in need. Our goal is to heal both physically, mentally and emotionally homeless cats and then place them in loving, caring, permanent homes as lifelong companion animals. Our TAR Babies program is a trap-alter-return program dedicated to vaccination and altering of ferals with return to their colonies if they can't be re-socialized for adoption. We will maintain a staff of volunteers willing to care for these colonies for the remainder of their lives.

Description

Merlin's Song was founded on March 3rd of 2003. It was begun in memory of our founder's first feline rescue. Merlin came to her at 11 days of age and remained with her as a faithful companion until he succumbed to cancer at 11 years of age. Many more rescues have come since then. A feline rescue organization has been his mom's dream for many years. This dream is now a reality.

Details: We need help with volunteers for adoption events, foster homes and fund raising (anyone with grant writing knowledge would be a plus)

Address

P.O. Box 7696
104 Muscadine Rd
Rocky Mount, NC 27804

Contact: Brenda Griffin (Chief Operations Officer)

Phone: (252) 446-7611

Email: merlinssong@hotmail.com

National Affiliation: American Humane Association

NC Animal Shelters and Humane Societies- Comprehensive Listing

Website: <http://www.charleeshouse.org/Resources/ResourcesNC2.htm>

Operation Catnip, Inc.

Mission Statement

To humanely reduce the stray and feral cat population through trap-neuter-return and monitor of feral cat colonies.

Description

Operation Catnip is an all-volunteer organization operating a monthly spay-neuter clinic for feral and unowned cats.

Address

P.O. Box 90744
Raleigh, NC 27675

Contact: Tamara Cappelson (President)
Phone: (919) 779-7247
Fax: (919) 313-5456
Email: opcatnip@mindspring.com
Website: www.operationcatnip.org

Paw's Place Animal Rescue

Mission Statement

Paw's Place Animal Rescue is a no-kill, non-profit 501(c)3 organization, all breed dog rescue, dedicated to saving and placing for adoption stray, homeless and injured dogs. Our mission is LIFE, and we pursue it four ways: 1. we save pets; 2. we nurse them back to health; 3. we provide a sanctuary for those that are unable to be adopted; 4. and most important of all, we find them loving homes - no matter how long it takes, one LIFE at a time. All animals are spayed or neutered. No animal who is brought to Paw's Place is ever put to sleep. If necessary, they will have a home with us, forever...

Description

Paw's Place rescues stray, homeless and injured dogs, treats them, and finds adoptive families for them. Please visit www.PawsPlace.org for additional information about Paw's Place Animal Rescue. Paw's Place needs your help! Volunteers are the "Heart" of Paw's Place. Visit the Volunteers Page on our site or visit VolunteerMatch to see all of the volunteer positions available at Paw's Place. There are several work-from-home positions for volunteers who live in other areas of the U.S. Paw's Place always needs supplies to continue our work. If you donate supplies to us, we can put cash donations to work in other ways: spay/neuter, needed surgeries, vaccinations, heartworm treatment, etc. Get Our Wish List Paw's Place is able to do the work we do only because of volunteers and contributions from animal lovers like you. Monthly costs to maintain the animals at Paw's Place are over \$2,000 per month. Only your contributions allow us to continue our mission. Donations in any amount are desperately needed. We need your ongoing financial support! Because of our IRS 501(c) 3 designation, all of your donations are tax deductible! Make a Donation to Paw's Place! Shop Online and Help Paw's Place at the Same Time! Do your online shopping at The Paw's Place Animal Rescue Store and a portion of every purchase that you make goes to help the animals at Paw's Place. You can buy Paw's Place logo merchandise, design merchandise with your organization's name at the Design Your Own Shop, or you can shop online with more than 80 national merchants who help support Paw's Place. The Paw's Place Store

Opportunities:

Artwork Designer- Ongoing
Cat Food Weight Circle Clippers- Ongoing
Cat Rescue- Ongoing
Cat Sign Maker- Ongoing
Cat Socializing- Ongoing
Cattery Grounds Maintenance- Ongoing

Dog & Cat Photographer- Ongoing
Dog Food Weight Circle Clippers- Ongoing
Dog Kennel Carpenter- Ongoing
Dog Rescue- Ongoing
Dog Trainer- Ongoing
Dog Walkers- Ongoing
Dog Washer/Groomer- Ongoing
Dog Web Link Specialist- Ongoing
Food Pickup- Ongoing
Grant Writer – Local- Ongoing
Grant Writer – Virtual- Ongoing
Grounds Maintenance- Mon Mar 1, 2004 to Tue Nov 30, 2004
Old Cell Phones For Bones- Ongoing
Sign Maker- Ongoing
Writer or Journalist- Ongoing

Address

3701 Boiling Spring Road
Winnabow, NC 28479

Contact: Nancy Janovetz (President)

Phone: (910) 845-7297

Fax: (910) 278-9951

Email: info@pawsplace.org

Website: www.pawsplace.org

Pet Foster Network

Details: Volunteers needed in Durham, Chatham, Orange, and Wake counties, NC, to provide temporary, in-home care for kittens, puppies, dogs, cats, rabbits, or other animals in need until they can be placed for adoption. Foster care programs save the lives of hundred of animals that would not had a chance at adoption. Each year more than 17,000 animals are euthanized in Triangle county shelters. The length of fostering can vary from a few days to several months. All veterinary care is paid by the fostering organization. In some cases, the organization also provides food and litter.

Date- Ongoing

Website: www.petfoster.org

Phone #: (919) 425-2330

Second Chance Pet Adoptions, Inc

Mission Statement

To rescue abandoned and stray cats and dogs, provide excellent care for each animal and carefully match each animal with the best home for its needs, in order to ensure a long

lifetime of safety, love, and companionship. Second Chance also encourages responsible pet ownership through education, advocacy, programs and services.

Description

An all-volunteer, non-profit organization dedicated to helping homeless cats and dogs. Unlike typical shelters, veterinary clinics, and kennels, we have no boarding facilities. No pet is ever put to sleep to make room. All incoming strays receive veterinary care and are adopted only after they are determined to be healthy.

Opportunities

Events & Social Committee- Ongoing
Foster Homes for Dogs, Puppies, Cats & Kittens- Ongoing
Inventory & Supplies Committee- Ongoing
Phone Volunteer- Ongoing
Writer - Grant Applications/Advocacy Position Papers- Ongoing

Address

PO Box 73
Cary, NC 27512

Contact: Pauline Hanthorn (Volunteer Coordination Chairperson)

Phone: (919) 468-0009

Email: info@secondchancenc.org

Website: <http://www.secondchancenc.org>

Environment:

ADOPT-A-STREAM VOLUNTEER City of Raleigh Central Engineering Department has a great group project for you! Walk adopted stream segment twice a year, spring and fall. Look for signs of poor water quality and pollution sources. Once a year, clean debris from creek. Map of stream and instructions on filling out stream survey form given to group leader. Adult supervision necessary for youth groups. Name on Adopt-A-Stream logo sign in appropriate location. Call 890-3837 for more details. We would like to hear from you!

Cape Fear River Watch, Inc.

617 Surry St., Wilmington • (910) 762-5606

Cape Fear River Watch, Inc. is committed to the improvement and protection of the water quality of the Lower Cape Fear River Basin through education, advocacy and action. Volunteers are needed to assist with many programs, including outdoor education and recreation, clean-ups, outreach, wetlands restoration, fund-raising and administrative tasks. To raise funds for its work, this organization manages the paddleboat/canoe concession at Greenfield Lake. Eco-tours are available at the lake upon request.

Earth Share of North Carolina

- **Help out the Carnivore Preservation Trust**
 You can be a volunteer at CPT in Pittsboro doing everything from feeding the animals to building cages to maintaining the compound. A variety of opportunities are available to match your skills and interests. You can also help them with their USDA licensing, which entails a lot of regular cleaning and maintenance -- this is a perfect chance to make a huge difference in their operations. Call Shannon Leisner at 919/542-4684 or visit www.cptigers.org or call (304) 535-6331.
- **Volunteer at the Carolina Raptor Center**
 Assist in the rehabilitation and care of permanent resident birds, provide environmental education, or help out in the gift shop. All it takes is a few hours a week, and comprehensive training is provided. Contact Lori Sparkman at 704/875-6521 ext. 102 or lorisparkman@birdsofprey.org.
- **Join the NC Coastal Federation as an Education Gardener**
 If you live in the Morehead City, Jacksonville, or New Bern areas, you can volunteer at the new Shorekeeper Learning Center and help maintain and enhance the grounds. It's a great opportunity for education and beautification. Call Sheila Brodnick at 252/393-8185 or go to www.nccoast.org.
- **Volunteer with the NC Coastal Federation by assisting the Coastkeeper**
 You can help the Cape Lookout or Cape Fear Coastkeepers to patrol assigned coastal areas. People in the Wilmington and Morehead City areas can monitor vital areas for potential environmental problems by foot, boot, canoe, or kayak. Training is provided for this crucial task. Call Sheila Brodnick at 252/393-8185 or go to www.nccoast.org.
- **Become a key member of the Conservation Council of NC**
 Become a key member of the Conservation Council of NC's network of active citizens by joining Conservation Keys, volunteers who take a critical role in environmental advocacy by increasing the level of personal, direct contact with decision-makers. A few times a year you will be asked to respond to action alerts and contact other volunteers who have agreed to make a call or write a letter to their lawmakers. This is a great chance to have a direct impact on the laws that protect the environment. Contact Carrie Oren at 919/839-0006 or carrie@conservationcouncilnc.org, or go to www.conservationcouncilnc.org.
- **Work with the Neuse River Foundation as a Creekkeeper, Streamkeeper, or Lakekeeper**
 This is a chance to help monitor the waters of the Neuse River and its creeks, as well as sponsor activities in area elementary and middle schools to teach kids about the importance of clean and beautiful waters. Contact Dick Goodwin, Creek Master, at 252/637-7972 or info@neuseriver.org.
- **Sign up for free Public Alerts from NC ConNet**
 You can receive free, periodic e-mail updates on key environmental issues from the NC Conservation Network. You can select which issue areas are of most concern to you. You

will be contacted when "Be Heard" campaigns begin around them or new updates appear on the ConNet website. This is a great way for you to become more informed and involved in the state's environmental community. Sign up online at www.nconnet.org or call Mindy Hiteshue at 919/857-4773.

- **Be Part of ESNC's Team!**

ESNC is looking for office and campaign/event volunteers. Be part of an exciting and dynamic team of people who care about helping the environment by reaching out to those who may not know much about our work and what we all do.

- o **Campaign/Event Volunteers:** ESNC is looking for volunteers in the Triangle, Triad, Charlotte area and the Mountain region to assist us with our myriad of events during the "campaign" season: August – November. Travel is required and mileage and business expenses will be reimbursed. Applicants should be outgoing and friendly and have a desire to interact with the general public to help raise awareness about environmental giving and individual philanthropy. Some event or public interaction skills preferable.

- o **Marketing and Web Volunteer:** This person will be responsible for updating ESNC's volunteer and event calendar quarterly for our website and newsletter. This work primarily involves contacting our groups to get event information and can include writing. Other marketing work such as writing articles and research may be required. Graduate level college students or students majoring in Communications/Marketing or similar field looking to gain experience are encouraged to apply.

GROUNDS BEAUTIFICATION AND MAINTENANCE VOLUNTEER Wake Interfaith Hospitality Network needs your help to beautify the grounds and provide consistent upkeep and maintenance for the Day Center. Duties include mowing, weeding, establishing and maintaining flower beds. Must have own lawn equipment and be physically able to do yard work. Own transportation is essential. Assistance is needed Monday through Friday, 7:00 a.m. to 5:30 p.m. To receive more information, call 832-6024

Lenoir County 4-H Neuse River Project

Mary Smith (252) 527-2191

Neuse River Project provides important environmental and educational experiences for the youth of Lenoir County through a multi-level learning experience. The learning activities are age appropriate and involve a coalition of state, local and federal agencies. Activities include: completing posters and stories dealing with pollution in the Neuse, participating in a recycling awareness project, water testing, etc. Students are involved in educational activities that include learning about chemistry, biology, water quality and testing, lab procedures, etc. Students conduct educational workshops and Town Hall meetings focusing on the Neuse River, pollution and solutions to these problems. The end

result will be an increased community awareness of the Neuse River, increased environmental education to all students, data collection for use by a federal research facility, and development of a proactive community based awareness program.

Master Gardener Program

N.C. Cooperative Extension Service, 300 Industrial Dr., New Bern • (252) 633-1477

The Master Gardener Program is open to anyone who would like to learn more about gardening and at the same time assist the extension service in its horticulture education efforts. Prospective Master Gardeners are provided with 40 hours of training in return for 40 hours of volunteer service during the first year; in subsequent years, volunteers donate 20 hours to stay active in the program. Activities include presentations of Saturday morning programs, speaking to garden clubs, answering phone calls from the gardening public, meeting walk-in visitors at the extension office, planting and maintaining demonstration gardens, working with schools, and assisting with a variety of one-time educational events. Numerous continuing educational opportunities are provided to make this an ongoing learning experience for the Master Gardeners.

The Nature Conservancy

Volunteer Job Title: Preserve/Land Steward

Location: Sandhills Office

Address: 140 SW Broad Street

Southern Pines, NC 28388

Contact: Jim Fields

Phone: (910) 246-0338

Work Description: The Sandhills Program needs to recruit 4 to 5 volunteers to patrol lands on a quarterly - as needed basis. Duties would include trash clean-up, performing light maintenance, assisting in monitoring plant populations, reporting of anything that may look hazardous and providing information to visitors.

North Carolina Botanical Garden

The North Carolina Botanical Garden has various volunteer positions available.

To find out more visit their website by following this link

<http://www.unc.edu/depts/ncbg/volunteer.htm>

North Carolina Coastal Federation

Issues and Programs

Plant native vegetation and restore marshes at our ShoreKeeper demonstration projects

Assist our Coastkeepers in issue work and monitoring

Be an advocate for the Coast. Sign up for NCCF Action Alerts (and you will be notified by email of issues that need public support. Let public officials know that you are a Friend of the Coast by writing letters and attending public meetings.

Office Support:

RECEPTION DESK

9 am to 1 pm or 1 pm to 4 pm Monday through Friday- Volunteers answer and transfer phone calls, help with routine office tasks and greet the public.

MAILINGS

Volunteers help fold, stuff, and label bulk mailings and the quarterly newsletter. These volunteers can work as often or infrequently as they like.

NEWSLETTER DELIVERY

Use your car to deliver quantities of the quarterly newsletter to central coastal area visitors' centers, libraries, restaurants, etc.

Restoration and Habitat Protection:

Plantings are scheduled in the spring and early summer at various locations along the coast. Typically, 4 to 6 volunteers work with NCCF staff in planting marsh grass or tree seedlings for 2 or 3 hours. Some of the NCCF's restorations projects are more extensive and require 20 to 30 volunteers for a session. Volunteers also help spread oyster cultch (shells that form the foundation for oyster beds).

Planting days are dependent on the weather, tides and the completion of site preparation. Therefore, we alert volunteers to upcoming projects and call with specific assignments 3 to 5 days in advance.

Environmental Clean-Up:

The NCCF maintains two nature trails, Patsy Pond (located across from our headquarters) and Hoop Pole (adjacent to the Atlantic Station Beach Shopping Center).

Hoop Pole Nature Trail Clean-Up: March 6, 2004

Volunteers and NCCF staff, pick-up trash, trim brush and maintain the oyster bed restoration project.

Big Sweep:

The major coastal cleanup is held on a Saturday in September each year. This is an ideal opportunity for scout troops and outdoor clubs to lend a hand.

Festival and Event Staffing:

Seafood Festival in Morehead City: October 2-3, 2004

North Carolina State Fair in Raleigh: October 15-24, 2004

Special meetings and Events:

At all of these events, the NCCF depends on volunteers to help with greeting the public, merchandise sales, set-up and pack-up. For some events, volunteers can help with fun stuff like kid's face painting or demonstrating environmental arts and crafts.

Contact: Rachael Wagaman, Volunteer Manager

Phone: 252-393-8185 or 800-232-6210
Fax: 252-393-7508
Email: rachaelw@nccoast.org
Website: <http://www.nccoast.org/vol.htm>

North Carolina WARN: Waste Awareness and Reduction Network

Deal with industrial pollution and its effects on human health and the environment. Based in Durham. Call to arrange volunteer work.

Contact: Jim Warren
Email: NC-WARN@POBOX.COM
Website: www.ncwarn.org

SEEDS

Mission Statement

SEEDS helps neighborhoods and communities create sustainable green spaces for gardening, gathering, and education.

Description

SEEDS is a non-profit urban gardening and greening organization located in Durham, North Carolina. We currently help support ten community gardens in Durham and one in nearby Carrboro. Our first garden, the SEEDS Demonstration Garden, offers an array of greenery, wildlife habitat, garden plots, artwork, and educational exhibits. The other ten spaces represent the efforts of hundreds of community members working together to create areas of neighborhood pride and enjoyment. These spaces have taken the form of gardens, parks, playgrounds, greenways, or a combination of all these things. Whatever their form, SEEDS community gardens have brought life and hope to many urban neighborhoods.

Address

706 Gilbert Street
Durham, NC 27701

Contact: Deb Taft (Volunteer Coordinator)

Phone: (919) 683-1947

Fax: (919) 688-1249

Email: seedsnc@mindspring.com

Website: <http://www.seedsnc.org>

Tryon Palace Historic Sites & Gardens

610 Pollock St., New Bern • (252) 514-4951

Adult and youth opportunities abound throughout the year at the Tryon Palace complex. Volunteer gardeners assist professional staff with developing and maintaining the site's

ten gardens, and volunteers give garden tours in the spring and fall. Each year prior to Christmas, volunteers lend hundreds of hours preparing holiday decorations. In addition, there are opportunities for program consultants, interns, entertainment groups and individuals, as well as elementary and secondary school classroom projects. In short, if you have a skill to lend or a talent to share, the Tryon Palace volunteer coordinator can find a spot for you.

The Umstead Coalition

Mission Statement

Appreciation, use, and preservation of William B. Umstead State Park and the Richland Creek natural area.

Description

We are a grassroots group that consists of 16 Partner Conservation Groups and individual members, representing 50,000 people.

Opportunities

Celebration for Umstead Team Leaders and individual Walkers/Runner - Sat Apr 23, 2005 to Sun Apr 24, 2005 9:00 am - 5:00 pm

2005 Celebration for Umstead- Sat Jan 1, 2005 to Sun Apr 24, 2005

Streamwatch- Ongoing

Address

Box 10654

Raleigh, NC 27605

Contact: Greg Lytle (Vice-Chair)

Phone: (919) 481-1707

Email: Info@umsteadcoalition.org

Website: <http://umsteadcoalition.org>

Community and Family Services:

ADULT DAY CARE Experience fun and inspiration with active senior adults at The Darius House, Inc. by volunteering with recreational activities that include mind-stimulating games, crafts, playing the piano and other musical instruments, singing, dancing, story-telling field trips, presenting skits (use your hidden acting talent), and many other creative activities. Flexible hours Monday through Thursday, 8:30 a.m. to 4:00 p. m. Must have your own transportation. Training provided. Call 821-1491 to hear how you can share your gifts and talents.

ArtsCenter Volunteers Needed To usher for events in the evenings and deliver the monthly calendar. ArtsCenter, 330-G. E. Main St. Carrboro, North Carolina. Ongoing. (919)929-2787

Brunswick Family Assistance Agency

(910) 754-4766

This organization needs volunteers to help families in need of food, shelter, furniture and other necessities. It also needs help with the pantry, fund-raisers and food drives to stock the pantry and distributing clothes. The agency is in the fund-raising stages of establishing a homeless shelter. It distributes more than 500 Christmas baskets across Brunswick County and has a food pantry that distributes more than 20,000 pounds of food each year.

Brunswick County Literacy Council Inc.

282 Ocean Hwy., P.O. Box 6, Supply • (910) 754-7323,
(800) 694-7323

The Brunswick County Literacy Council promotes literacy for people of all ages in Brunswick County, focusing primarily on adult and young adult learners. The council helps students with reading, writing, math, computer and English-speaking skills, in a one-on-one confidential setting, by pairing them with volunteers who are carefully trained and matched with each student. Tutoring is free of charge, as is the training for volunteer tutors. More than 260 Brunswick County residents either learned to read or improved their reading skills through Brunswick County Literacy Council, and more than 1,000 residents were served through free tutoring workshops and special projects, such as Books for Babies, Holiday Book Share and National Children's Book Week. In concert with the Brunswick Family Assistance Agency, the council runs the Family Thrift Store at Twin Creek Plaza in Shallotte, plus contributes to the Holiday Basket program with Book Share, a collection of new or almost new books for youth. In addition to tutoring, volunteers are needed for interpreting, fund-raising, publicity and other duties.

Cape Fear Literacy Council

1012 S. 17th St., Wilmington • (910) 251-0911

The Cape Fear Literacy Council works to improve the literacy skills, which include reading, writing and math, of adults and at-risk youth. Adults in all skill levels, from the non-reader to high school level, are welcome at the Literacy Council. There is a computer literacy lab on site. The Literacy Council has a significant English as a Second Language (ESL) program, training tutors to work with students having limited or no English skills. More than 300 tutors are needed on a yearly basis to work one-on-one with adults. The council trains volunteers every month in a 12-hour workshop. Volunteers work with more than 300 students each year. The main fund-raiser ties into September's National Literacy Month with an additional fund-raiser, a festive Mardi Gras auction held in March.

Cape Fear United Way

613 Shipyard Blvd., Wilmington • (910) 798-3900

The Cape Fear Area United Way funds 56 human care programs in Brunswick, New Hanover and Pender counties in southeastern North Carolina. These programs provide food and shelter for those in need, daycare and after-school care for local children, job training, family support, health services, domestic violence shelters and crisis intervention. The Cape Fear Area United Way also helps build a strong community through programs such as Project BUILD, a recruitment and training program for volunteers to serve on nonprofit boards; information and referral services through First Call for Help; and volunteer recruitment and training through the United Way Volunteer Center. The Cape Fear Area United Way needs donations of money, services and event sponsorships as well as individuals to serve on the board, volunteer for the fund-raising campaign, fund distribution teams and to serve on the communication committee.

City of Raleigh Community Services Department maintains a Skills Bank of potential volunteers who are willing to assist the ELDERLY, DISABLED, and OTHERS in need, during SNOW, ICE, HURRICANES, FLOODS, etc. Volunteers will be referred to the individuals in need to make arrangements for assistance. Persons with four-wheel drive vehicles are encouraged to participate. Assistance may be needed to get groceries, medicine, shovel sidewalks, etc. If you are interested and available, call the City's Volunteer Program at 831-6111 or 831-6100.

Center for Volunteer Care giving Wake County Volunteer Organization
Offers Hope for Caregivers and the Memory-Impaired Cary. Ongoing. 919/460-0567

Community Coalition Against Family Violence

Mission Statement

Community Coalition Against Family Violence exists to assist victims and their families by providing direct services for victims of physical abuse, rape, sexual assault and child sexual abuse throughout Craven, Jones and Pamlico Counties. We provide prevention education to schools, church groups, and civic organizations, as well as recognizing the accomplishments of women through special events.

Description

Community Coalition Against Family Violence, a non-profit organization, is a human service agency providing direct services to victims of family violence, rape, sexual assault, and/or child abuse. Services include crisis intervention, peer counseling, emotional support, hospital and court advocacy, information and referrals and payment for professional counseling by certified, licensed therapists.

Opportunities

Community Partnership Program- Ongoing
Office Support- Ongoing
Prevention Education & Awareness- Ongoing

Address

1401 Park Avenue

P.O. Box 1285
New Bern, NC 28560

Contact: Sheri Rettew (Victim Services Director)
Phone: (252) 636-3381
Fax: (252) 636-2278
Email: sheri@sarc.us
Website: <http://www.theresnoexcuse.com>

Craven County Arts Council and Gallery

317 Middle St., New Bern • (252) 638-2577

Like any county-based arts organization, the Craven County Arts Council relies on volunteers to keep its wheels moving. Council volunteers serve as hosts in the main gallery; help in the office; assist with mass mailings; conduct programs such as the popular Sunday Jazz Showcase in February and arts camps in summer; work on a variety of committees; and assist with city-wide art projects, programs and fund-raising events throughout the year. If you have an affinity for art and organization, this is your kind of place.

Craven Literacy Council

5405 Morton Rd., New Bern • (252) 637-8079

The Craven Literacy Council trains volunteers to work as tutors with anyone who requests services to improve reading skills or to learn English as a second language. Volunteer tutors are trained to work one-on-one with students, and together they decide on a convenient time to meet for reading sessions.

Duke Language Partners make new friends while learning about another country, culture, language...Tutor ESL, or improve the language of your choice and in exchange help that individual with your native languages). Durham. Ongoing. Free. (919) 681-6080

Durham Rescue Mission

Mission Statement

The mission of Rescue Missions Ministries Inc. Durham Rescue Mission is to meet, through the power of Jesus Christ, the needs of the whole person - spiritual, educational, emotional, physical, vocational and social - so those who are hurting may become fully functioning members of society.

Description

Christian Rescue Mission providing the homeless and needy with food, shelter, clothing, Biblical counsel and vocational help. We have 4 divisions: Men's Shelter, Home for Mothers with children, Family Shelter and Single Women's Shelter.

Address

1201 East Main St.

PO Box 11858
Durham, NC 27701

Contact: Gail Mills (Administrative Assistant/Co-Founder)
Phone: (919) 688-9641
Fax: (919) 688-3117
Email: Gail.Mills@durhamrescuemission.com
Website: <http://www.durhamrescuemission.org>

**Extension and Community Association, North Carolina Cooperative Extension,
Craven County Center**

300 Industrial Dr., New Bern • (252) 633-1477

Formerly the Extension Homemaker Organization, this group of individuals provide valuable services to the community through collaboration with agencies such as Craven Regional Medical Center, The River Club and Coastal Women's Shelter, to name a few. Its mission is to strengthen families through leadership development, volunteer work, educational opportunities, and sharing research-based educational information generated from N.C. State and N.C. A&T universities. Membership is open to anyone who is a resident of Craven County. Residents of the county are invited to join an existing club or organize their own community club.

Family Center - Burgaw, NC

Mission Statement

Family Center is a program of Catholic Social Ministries that strives to empower families of all faiths by helping them to help themselves by providing family-focused support services.

Description

A program to help those in need get the services needed to protect themselves and their families.

Skills: willingness to help others, speak Spanish a plus, like to mentor or tutor

Address

107 Courthouse Ave.
Burgaw, NC 28425

Contact: Tisha Petteway (Family Center Coordinator)
Phone: (910) 259-7510
Email: kwarner@penderadultservices.com

Family Services of the Lower Cape Fear

1506 B Dock St., Wilmington • (910) 794-2100

This organization offers family counseling, after-school enrichment, consumer credit counseling and the Big Buddy program for the lower Cape Fear area. Volunteers are needed as office helpers, fund-raisers, board members, public relations representatives and, most of all, to be Big Buddies. The Big Buddy program provides reliable, trusted friends to boys and girls in need of positive role models and requires a minimum commitment of four hours per week for one year. Please call (910) 791-8510 to request an application. The after-school enrichment program needs tutors and support persons to work one-on-one with the children and help with homework or activities. People with special skills or life experiences are also needed to speak to area children. Chaperones for field trips and mentors for at-risk children are welcomed too.

Fayetteville Urban Ministry

Mission Statement

The mission of Fayetteville Urban Ministry is to show God's compassion for our neighbors in need and affliction, and thus build our community together.

Description

Fayetteville Urban Ministry is an inter-faith ecumenical community organization that offers people of all faiths a worthy mission to join together and help those in need in Cumberland County, North Carolina.

Opportunities:

Clothing Closet Assistants- Ongoing

Scrabble Fundraising Event Committee- Thu May 27, 2004 to Sat Aug 21, 2004

Tutor-Adult Literacy- Ongoing

Youth Mentoring and Community Service- Ongoing

Address

P.O. Box 1171

Fayetteville, NC 28302

Contact: Russell Long (Executive Director)

Phone: (910) 4835944

Fax: (910) 4835116

Email: skelly@fayurbmin.org

Website: www.fayurbmin.org

The Firemen's Museum

408 Hancock St., New Bern • (252) 636-4087

The Firemen's Museum is looking for volunteers who are willing to be trained and serve as museum guides. The museum is open Monday through Saturday, and scheduling for volunteers can be part-time and flexible.

Food Bank of Central and Eastern North Carolina

Established in 1980, the Food Bank of Central & Eastern North Carolina is a non-profit organization that provides food to people at risk of hunger in 34 counties in central and eastern North Carolina. In 2002-03, the Food Bank distributed over 24 million pounds of food to more than 860 partner agencies including soup kitchens, food pantries, shelters, and after school programs for children.

Sadly, hunger remains a serious problem in central and eastern North Carolina. More than 375,000 people in the Food Bank's 34-county service area struggle each day. Almost half of the people served by the Food Bank's network are children, and another 11 percent are elderly. Nearly half the families served are the "working poor" – people who work hard and still have to choose between eating and other basic necessities

Website: <http://www.foodbanknc.org/volunteer.html>

Habitat for Humanity

Habitat for Humanity International is a nonprofit, nondenominational Christian housing organization. We welcome all people to join us as we build simple, decent, affordable houses in partnership with those who lack adequate shelter.

Since 1976, Habitat has built more than 50,000 houses with families throughout the United States and another 100,000-plus houses in communities around the world. Now at work in 100 countries, we are building a house every 26 minutes. By 2005, Habitat houses will be sheltering 1 million people. Local Habitat affiliates coordinate house building and select partner families.

Website: www.habitat.org

Habitat for Humanity of Greater New Bern

1249 Pollock St., New Bern • (252) 633-9599

Through donations of money, materials and volunteer labor, Habitat for Humanity builds modest homes in partnership with qualified families who meet Habitat's selection criteria and contribute 350 "sweat-equity" hours. Houses are sold to families on a no-profit, no-interest basis. To date, the New Bern affiliate has completed nearly 40 houses toward its goal of eliminating poverty housing in the area. Construction work takes place each Tuesday, Thursday and Saturday morning starting at 8 AM. Volunteers, both groups and individuals, are always needed. Habitat also operates a resale shop, (252) 633-5512, and volunteers are needed to help with merchandise pick-up and delivery. In spring 2004, Habitat will move its office and resale shop to a new location just up the street at 930 Pollock Street.

Habitat for Humanity of Wake County needs help building homes for and with families unable to obtain loans. For more information on how you can help with this cause follow this link <http://www.habitatwake.org/volunteer.html>.

Hospice of Wake County

Mission Statement

We are committed to the philosophy that individuals with limited life expectancy are entitled to quality of life that is self-defined and within their capabilities. We will assist them and their families in realizing this goal through an interdisciplinary team approach that is professional and compassionate.

Description

Hospice of Wake County (HOWC) has been a leader in end of life care since 1979. HOWC is a private, non profit hospice organization providing compassionate, professional services through an interdisciplinary approach. Our commitment: People have the right to a comfortable and dignified death, and are entitled to choices regarding their care. Our goals: Pain control and symptom management of advanced symptoms. Peace of mind about issues of death and dying. Increased coping ability through caring support. Our services: 24 hour on call Personal Care Spiritual Support Expertise in pain control Counseling Bereavement Care HOWC is Medicare certified and JCAHO accredited.

Opportunities

Children's Support Group Volunteers- Ongoing
Family Support Volunteer- Ongoing
Grief Companion- Ongoing
Puppeteers- Ongoing

Address

1300 Saint Mary's Street 4th Floor
Raleigh, NC 27605

Contact: Sandy Simone (Community Liaison)

Phone: (919) 828-0890

Fax: (919) 828-0664

Email: ssimone@hospiceofwake.org

Website: www.HOSPICEOFWAKE.org

Inter-Faith Council For Social Service The Community House of the Inter-Faith Council for Social Service desperately needs volunteers on the weekends. Chapel Hill. Ongoing. 919/967-0643

Literacy Volunteers of America

LVA provides volunteer tutors with the professional training, materials, and support that enable them to teach either Basic Literacy or English for Speakers of Other Languages (ESOL). Once trained, volunteer tutors typically meet with their students for

approximately 1½ -2 hours per week for one year, although many volunteers stay with their LVA program for years and continue to give the gift of literacy to dozens of their neighbors.

Most affiliates offer volunteer opportunities besides and in addition to tutoring: fund-raising, special event coordination, publicity, administrative support, and/or board service.

Phone: 315-422-9121

Fax: 315-472-0002

www.proliteracy.org

Matthew 25 Center

Mission Statement

Serve as a home away from home for family visiting inmates at the Pender County Correctional Center

Description

Hostel for family of inmates at Pender County Correctional Center

Opportunities

Matthew 25 Center Volunteer- Ongoing

Address

1196 Penderlea Hwy
Burgaw, NC 28425

Contact: Billy Anderson (Director)

Phone: (910) 259-7133

Email: kwerner@penderadultservices.com

Meals On Wheels

811 George St., New Bern • (252) 638-1790

This program, administered by Craven County Senior Services, serves more than 100 meals a day with the help of its volunteers, who deliver the meals and check on the recipients. The program requires volunteers five days a week for delivery and help with day-to-day operations.

MEAL DELIVERY DRIVER VOLUNTEER Meals on Wheels of Wake County needs volunteers to deliver hot, nutritious meals to the homebound elderly Monday through Friday, from 11:00 a.m. to 1:00 p.m. Must provide own transportation to drive to each participant's home on a provided list. Training occurs when volunteers begin. Call us at 833-1749.

Mother's Incorporated

Since 1985, we are mothers and kids helping mothers and kids to survive and to do better. Why? It makes God smile. There are chapters all across the US, including one in Raleigh, NC.

Mission Statement

To provide all women raising children with emotional, educational, economical and social outreach programs to enrich their lives and create a society of well cared for families.

We are a small non-profit that does everything possible to assist any women raising children. We provide food, clothing, shelter, financial support, hygiene and family care items on a by-need basis. We also run weekly parenting classes for mothers, as well as bimonthly mother's night out. All programs are 100% free, and childcare is provided.

Website: www.MothersIncorporated.org

NC Museum of Art needs volunteer guides to lead tours of the museum. NC Museum of Art, 2110 Blue Ridge Rd. Raleigh, North Carolina 27607. Ongoing. (919)839-6262 ext. 2145

NC Museum of History needs volunteer docents NC Museum of History, 5 East Edmonton St. Raleigh, North Carolina. Ongoing. (919)715-0200 ext. 209

Pantry Worker: Assist in the receiving of food and in-kind deliveries. Requires: Ability to lift grocery bags and small boxes. Time: 9:00 am - 1:15 pm, 16 hours/Month. Inquire: 840 Semart Drive, Raleigh NC 27604

Property and Residential

Volunteers play an integral role in the day-to-day activities of the Tammy Lynn Center for Developmental Disabilities. There are many opportunities both on the property and in the classrooms. Call Julie Jones, Volunteer Coordinator. We encourage groups and individuals to volunteer!

(919) 832-3909 X 109

Who can volunteer for this: Both sexes, Adults, Seniors, Teens

Languages: English, Spanish

Organization: Tammy Lynn Center for Developmental Disabilities

Area of Focus: Disability Issues, Education, Health

Location: Raleigh, North Carolina, 27606,

Contact Person: Julie Jones

Phone : (919) 832-3909 E 109

Fax : (919) 863-2021

Public Radio East

800 College Ct., New Bern • (252) 638-3434

Volunteers interested in sharing their time with Public Radio East are welcome year-round to assist with clerical tasks and to answer telephones during fund drives. Training is provided when necessary.

Raleigh City Museum Learn about Raleigh history while meeting new people and having fun. Raleigh. Ongoing. (919)832-3775 ext. 12

Salvation Army

820 N. Second St., Wilmington • (910) 762-7354

The Salvation Army provides shelter for the homeless and assistance for people in difficult circumstances. It needs volunteers in fund-raising activities and public relations efforts. Volunteers may serve on the Advisory Board and Ladies Auxiliary and in the shelter, which serves men, women and children. Volunteers may also work at the thrift store, the Woodlot Project, Christmas fund-raisers, the toy and food distribution center, the annual Coats for the Coatless drive and on disaster relief teams.

The shelter provides emergency housing to more than 20,000 individuals each year and has a Soup Line serving meals seven days a week between 5:30 and 6 PM for the public. This food program serves nutritious meals to more than 60,000 people each year in Bladen, Brunswick, Columbus, Pender and New Hanover counties.

Swiss Bear Downtown Development Corp.

233 Middle St., Ste. 106, New Bern • (252) 638-5781

Swiss Bear Downtown Development Corp. is a nonprofit organization that was established in 1979 to coordinate the revitalization of the downtown area. It organizes and coordinates the annual three-day MUMfest, held the second full weekend in October. Volunteers are for a variety of duties during MUMfest.

Ten Thousand Villages Volunteers needed for international fair trade store in Raleigh's Cameron Village. Volunteers work a 2-4 hour shift two or more times a month. Training is provided before volunteering begins. Raleigh. Ongoing volunteer opportunities. (919)821-1100

Urban Ministries of Wake County

Mission Statement

The Urban Ministries of Raleigh makes a covenant with the people of Wake County to identify and relieve the effects of poverty in our community by providing an organized structure for the reallocation of area resources.

Description

A non-profit social service organization

Address

840 Semart Drive
Raleigh, NC 27604

Contact: David Reese (Director of Resource Development)

Phone: (919) 836-1642

Fax: (919) 836-1352

Email: dreese@urbanmin.org

Website: www.urbanmin.org

Children's Services:

AYUSA - Triangle and Eastern North Carolina

Mission Statement

AYUSA International, the official youth exchange partner of Kiwanis and Key Club, is committed to providing quality cross-cultural, educational experiences for high school students, their host families, and their host communities, which encourage a broadening of global perspectives, a clearer understanding of diverse cultures, and an open and enriching exchange of ideas, values and beliefs.

Description

AYUSA International is a premier non-profit international student exchange organization which offers overseas high school students aged 15 - 18 the opportunity to learn about the U.S. by living with volunteer American host families and studying in an American high school. For 20 years, AYUSA has promoted world peace through inter-cultural understanding by reaching into areas of the world where student exchange has only just become possible. This year, AYUSA will welcome students from over 50 countries worldwide, including countries from Africa, Asia, Europe, the Americas and the Pacific.

Opportunities

Community Representatives needed for Exchange Student program- Ongoing

Host families needed for exchange students- Sun Aug 1, 2004 to Wed Jun 15, 2005

Address

100 Timber Hollow Court #306
Chapel Hill, NC 27514

Contact: John Brian Heath (Regional Director)

Phone: (919) 969-9345

Email: jbheath@email.unc.edu

Website: www.ayusa.org

Boy Scouts of America, Cape Fear Council

110 Longstreet Dr., Wilmington • (910) 395-1100

This organization requires a tremendous number of volunteers to assist the many Boy Scouts in the Cape Fear area. The Boy Scouts need board and committee members as well as a host of leaders, coaches and advisors. Volunteers are needed for the Sports Club Program, which combines traditional Scout activities with a basketball league for inner-city boys from ten housing developments. They meet Saturday mornings to play basketball and participate in Boy Scout meetings. If you're interested in volunteering for the Sports Club Program call (910) 395-1100 ext. 26

CHILD CARE ASSISTANT VOLUNTEER Assist the YWCA staff in providing a safe, healthy, and fun-filled environment for children that will offer them skills to grow, emotionally, educationally, and socially. Lead structured activities, work one-on-one, and in a group setting, etc. Flexible hours are available Monday through Friday, 8:00 a.m. to 5:00 p.m. Orientation and training provided. Call 833-3883 ext.22 to see how you can become a volunteer with this exciting and meaningful program.

Community Boys and Girls Club

901 Nixon St., Wilmington • (910) 762-1252

The Community Boys and Girls Club is a youth development organization dedicated to promoting the health, social, educational, vocational and character development of girls and boys ages 6 to 17. Some of the club's outstanding alumni who achieved professional stardom in the NBA are Michael Jordan, Clarence Kea, Chuckie Brown, Kenny Gadison and Harlem Globetrotter legend Meadowlark Lemon. NFL athletes who participated in this program are Clyde and Jimmy Simmons. For more than 65 years the program has provided leadership and guidance to area youngsters. The club is in constant need of financial as well as volunteer support.

Craven County School Systems

3600 Trent Rd., New Bern • (252) 514-6333

The school system welcomes volunteers to aid teachers and students in a variety of ways and has an active community volunteer program in every school. Call the school of your choice directly or the central office at the number above if you are interested in volunteering in the schools. Perhaps most in demand is assistance for children having problems in particular subjects, such as reading, English or math. The school system also is looking for volunteer tutors who speak a foreign language. Volunteers are needed on school field trips and in school libraries. Parent-teacher organizations and volunteer coordinators at individual schools are pleased to have help with special programs and projects to benefit the schools and students.

Girls Inc. of Wilmington

1502 Castle St., Wilmington • (910) 763-6674

Girls Inc. is an after-school and summer program primarily for girls ages 4 through 18. It offers programs in career and life planning, health and sexuality, leadership and community action, sports, culture, heritage, self-reliance and life skills. Volunteers are

needed as tutors, group leaders and fund-raisers. Girls Inc. also needs people to assist with homework, sports, cooking, field trips and adolescent pregnancy prevention programs.

Girls on the Run of the Triangle

Mission Statement

Our mission is to prepare girls ages 8-12 for a lifetime of self-respect and healthy living.

Description

Girls on the Run is a life-changing character development program for girls ages 8-12 that uses running to teach values and a sense of self.

Address

210 Old Barn Lane
Chapel Hill, NC 27517

Contact: Sandra Lantry Corpora (Office Manager)

Phone: (919) 929-0831

Fax: (919) 929-0841

Email: gotr@nc.rr.com

Website: www.girlsontheruntriangle.com

Girl Scout Council of Coastal Carolina

Wilmington • (800)558-9297

The Girl Scouts need volunteers to serve in many positions. Adults serve as troop leaders, outdoor activities facilitators, trip chaperones, consultants, organizers, trainers, product sales coordinators (we're talking cookies here) and communicators. People with special skills and talents are also needed to share their wisdom. This council serves girls ages 5 to 18 in Brunswick, Columbus, New Hanover and Pender counties and offers leadership development through fun and rewarding programs.

Junior Achievement of the Cape Fear Region

P.O. Box 2362, Wilmington • (910) 617-5252

Junior Achievement's programs inspire kids to learn the economics of life and gain the keys to success in a free enterprise system. Volunteers are needed to provide role models and facilitate activity-based programs that help students develop their own business sense. Through the generous sponsorship of local corporations, Junior Achievement of the Cape Fear is able to provide its programs to area schools and give its volunteers all of the training, materials and support they'll need for a rewarding classroom experience. A volunteer teaching commitment would involve one hour per week for five to eight weeks. All volunteers are welcome, regardless of background or level of experience. Besides teaching, volunteers are also needed to help with fundraising, public relations and administrative work.

LIFEPLUS CENTER CHILDCARE VOLUNTEER Enjoy working with children? Help provide childcare while parents are attending lectures and group therapy at SouthLight Lifeplus Center, by volunteering with the Project Phoenix Program. Assistance is needed on Tuesdays and Thursdays, after 5:00 p.m. For details, call 832-4453 ext. 210.

Make-A-Wish Foundation of Eastern NC

Mission Statement

We grant wishes to children with life-threatening illnesses to enrich the human experience with hope, strength, and joy.

Description

Our vision is that people everywhere share the power of a wish. We serve 49 counties east of the Alamance/Orange County line.

Address

803 B Computer Drive, Suite 108
Raleigh, NC 27609

Contact: Tammy Sopp (Volunteer Coordinator)

Phone: (800) 432-9474

Fax: (919) 832-0079

Email: eastnc@wish.org

Website: www.wish.org/eastnc

NC Mentoring Partnership

Mission Statement

To increase the number of mentors and tutors for children in North Carolina

Description: This project is under the NC Promise campaign to increase the participation in local mentoring efforts across NC. It is a partnership that promotes and advocates for mentors.

Opportunities: Mentor/Tutors- Ongoing

Address

0312 Mail Service Center
Governors Office
Raleigh, NC 27699

Contact: Linda Harrill- (NC Promise-NC Mentoring Partnership)

Phone: (800) 820-4483

Fax: (919) 715-8677

Email: linda.harrill@ncmail.net
Website: <http://www.volunteernc.org>

Project Linus

(910) 201-1608

These Brunswick County volunteers make blankets in their homes and/or at the monthly meetings the first Tuesday of each month. The blankets can be crocheted, knitted, quilted or fleece. They are distributed to babies, children and teens who are ill or have been traumatized and are being helped in shelters, in hospitals and in foster care.

Providence Home of the Family Emergency Teen Shelter, Inc.

5310 Doshier Cutoff, SE, Southport • (910) 457-0440

In November 1997 Providence Home opened its doors as the result of efforts of area churches, civic organizations, volunteers, grant money, donations and fund-raisers in the renovated Doshier House, former home of Dr. Doshier. A temporary residential facility with a maximum length of stay of 90 days, it serves children at risk between the ages of 10 and 17. The home offers a nurturing atmosphere with safety, food, clothing and shelter to youth in need of a short-term safe haven. In addition to volunteer needs in Sheltered Treasures and the thrift store, which raises funds for the home, Providence Home needs volunteers to work on fund-raising projects, such as the annual golf tournament. Donations of household supplies, toiletries, art supplies and gift certificates are always helpful. If you have a special talent such as art, playing an instrument or making crafts that you would be willing to share, the administration would be happy to hear from you.

RSVP Reading Project Volunteer tutors for the 6 elementary schools in the Orange County School District are needed. Chapel Hill. Ongoing. 919/968-2054

SAFE Child Volunteers needed who speak English and/or Spanish to work two hours per week. Opportunities include mentoring new mothers, leading parent education groups, facilitating children's groups, storytelling to children and more. Raleigh. Ongoing. Next Training session begins January 20. (919)231-5800

StandUp For Kids - Durham, NC

Mission Statement

Empower homeless and street kids toward lifelong personal growth through a national on the streets program. Create in these youth a caring and belief in themselves through open straightforward counseling and educational programs. Thereby, attaining the life skills necessary to become effective members of the community.

Description

"We are a program that goes to the streets and helps homeless and street kids. We feed, clothe, and counsel them, helping kids get off the streets. Our volunteers are consistently making the difference in the lives of hundreds of homeless and street kids on a weekly

basis." Whatever your skills or time commitment, we can use your help! STANDUP FOR KIDS has been recognized by the White House on three occasions, the U.S. Justice Department, The Governor's Office for Children, Arizona on two occasions, the Secretary of State for Colorado, American Express, AT&T and USWest, and has been awarded the prestigious JCPenney Golden Rule Award. "We tell homeless and street kids that we care about them and then go to the streets and prove it!"

Contact: Rick Koca (Founder & CEO)
Phone: (800) 365.4KID
Fax: (888) 453.1647
Email: northcarolina@standupforkids.org
Website: <http://www.standupforkids.org>

Wake County Schools Families And Schools Together (FAST) program.
Raleigh. Ongoing. Free to public. (919)851-7011 x20

Wilmington Family YMCA

2710 Market St., Wilmington • (910) 251-9622

If you're a real hands-on volunteer, this is certainly the place for you! Be a youth sports coach, nursery attendant, Special Olympics volunteer or a person who helps maintain the facility. The Y has a great aquatics program that offers activities for all individuals and needs volunteers for its Special Populations program for those with disabilities. The YMCA is always looking for volunteers with a wide variety of skills and interests, so give them a call and let them know what you can do.

Yahweh Center Children's Village

5000 Lamb's Path Way, Castle Hayne
• (910) 675-3533

The Yahweh Center Children's Village provides a comprehensive continuum of residential treatment, child placing/adoption and outpatient therapy for abused and/or neglected children ages 5 to 12. A family counselor is located onsite to provide outpatient therapy for children and their families. With four buildings already occupied and more to go, the Yahweh Center Children's Village continues to expand its services. Volunteers are needed to help with gardening, landscaping, tutoring, office work, teaching arts and crafts, special projects and fund-raising events. There are also group volunteer opportunities, especially around the holidays. Those who work directly with children must go through a specialized training.

YWCA

2815 S. College Rd., Wilmington • (910) 799-6820

The YWCA needs volunteer assistance with youth, clerical and maintenance programs at three locations in the Cape Fear area. If you'd like to tutor after school, facilitate a racial dialogue group or help with a special event, call the YWCA, which serves women and their families with fitness, health, personal development, job training, counseling and childcare programs. The YWCA functions as an advocate for women's rights, diversity and the elimination of racism.

(Specifically) Youth Opportunities:

Group Work Camps

Your youth group will radiate the light of Christ doing meaningful service for people in need. It's a life-changing labor of love. Choose the Christian faith-building experience that's best for you: Home Repair, Community Service, or International Service

- Build faith • Boost character • Serve others • Get challenged • Bond together • Have fun
- Impactful programs • Grow spiritually

Your youth will benefit from Group's experience of...

- 28 years doing youth ministry service projects
- 500+ domestic and international Christian service camps
- Over 31,000 service projects
- More than 185,000 students and youth leaders stretching their faith by serving people in need

Website: www.groupworkcamps.com

Phone #: 1.800.774.3838

Email: info@groupworkcamps.com

Catholic HEART Workcamps

Spend the week with other youth of the Catholic faith repairing homes and helping the community in a weeklong workcamp. Worksites are scattered across the country.

Catholic HEART Workcamp

P.O. Box 2226

Goldenrod, FL 32733-2226

Fax: (407) 678-8602

Phone: (407) 678-0073

Email: catholicheartcamp@msn.com

Harvest of Hope

Harvest of Hope

Harvest of Hope is the ecumenical study, worship, and action mission trip program of the Society of St. Andrew. It is designed to educate youth and adults about the problem of hunger. At Harvest of Hope you will work in fields gleaning food for the hungry, study hunger issues, participate in Christian worship, and have fun! Week-long retreats are held

for senior high youth (completed grades 9-12) and their adult sponsors during the summer. Weekend retreats are held for intergenerational groups. You may request more information about specific events on-line.

The Society of St. Andrew
504 West Chapel Hill St.
Durham, NC 27702-5081
Phone: 919-683-3011
Toll Free: 866-453-2662
Fax: 919-688-8830

Website: <http://www.endhunger.org/harvest.html>

Young Neighbors in Action

About YNIA

A week-long Catholic service-learning program for teams of older adolescents and adults.

Young Neighbors in Action is an exciting, integrated service-learning experience for parish and school teams of older youth and adults. Young Neighbors is more than a week of service. It is an extended program that provides the experiences, skills and learning needed to make change possible.

A letter from the Program Coordinator: Sean Lansing

Dear Colleague in Ministry:

I am very excited about your interest in the Young Neighbors in Action program. Young Neighbors is a week-long service-learning experience designed to help teams of older adolescents and adults change their perspective so that they can change their world. Young Neighbors provides:

- All the resources that you need to prepare your youth for the week and support their learning experience when they return home.
- A truly Catholic approach to service. Young Neighbors will help your participants understand the challenge of living out our faith in the world by reflecting on Catholic Social Teaching and Scripture throughout the week.
- Opportunities to meet other people from across the country who want to learn how to make a difference in the world today!
- An evening to experience the gifts of a culture from the region where you will serve.
- And most importantly, an opportunity to spend a week in service to those who really need your help.

On this website you will find the resources needed to learn more about the program and to share your excitement about Young Neighbors in Action with the young people and families in your parish or school. If you have any questions about the program, do not hesitate to give me a call at (414) 875-9866. I encourage you to register as soon as possible - program weeks fill up quickly!

Peace in Christ,



Sean Lansing, YNIA Project

Center for Ministry Development
2146 North 55th Street
Milwaukee WI 53208
slansing@cmdnet.org
(414) 875-9866

Young Volunteers in Action: A program of the Volunteer Center of Durham

Mission Statement

The Volunteer Center of Durham enriches the Durham area and the lives of its residents through volunteerism. Our mission is to connect people of all ages with opportunities to serve, to provide community agencies with essential resources and training, and to coordinate programs that raise awareness of and impact local needs.

Description

The Young Volunteers in Action (YVA) program links young people between the ages of 12 and 18 to school-year and/or summer volunteer opportunities in the Durham, North Carolina area based on their interests, skills, and availability. Interested young people should register online at www.thevolunteercenter.org in order to receive volunteer opportunities related to their interests and needs. The program recognizes its volunteers annually through an awards ceremony - some volunteers receive the Mayor's Award. The YVA program also helps youth clubs and groups find service projects.

Address

136 E. Chapel Hill St.
Durham, NC 27701

Contact: Regan Luthin (Director of Youth Services)

Phone: (919) 688-8977 x 30

Fax: (919) 682-0444

Email: regan@thevolunteercenter.org

Website: www.thevolunteercenter.org

Glenmary Group Volunteer Program

Glenmary Volunteer Department P.O. Box 7
Vanceburg, KY 41179 USA

Tel: 606-796-3421

Fax: 606-796-2606

Email(s): jgrosek@glenmary.org volunteer@glenmary.org

Web: www.glenmary.org

Director(s): Joe Grosek

Contact Person(s): Joe Grosek

Program An opportunity for groups of single Catholics to serve in rural Appalachia. Live at the Glenmary Farm near Vanceburg, KY, experiencing firsthand working with the people of Lewis County. Activities include home repair and renovation, volunteering at a local health care facility, and working with the developmentally disabled at an adult day care center. Meet local families, discuss the values of the Appalachian culture and the socio-economic conditions and problems in the area. It is a retreat-like mission immersion experience with time for service, education, prayer, reflection, recreation and community sharing.

Geographic Area Description: Appalachia -- eastern Kentucky

Term Of Service Description: One week for groups looking for one year full-time volunteers as well

Personnel Needed: Single, Catholic groups of 12-25 men and women

Age Description: Group participants must be at least juniors and seniors in high school; college-aged; adult

Requirements: Application required. \$18 per day fee to help defray costs.

Benefits: Room and board. Accidental injury insurance coverage. Volunteers are responsible for transportation to and from Appalachia.

Application Deadline: Ongoing. Based on availability.

Date Program Begins: Conducted year-round.

Kids in the Hood Johnston

Michael Hall (919) 965-8440

Kids in the Hood has students completing service projects (such as yard clean-ups and gardening) at various Selma Housing Authority communities. Students take educational workshops conducted by NC Forestry Service, NC Cooperative Extension Master Gardeners, and the Johnston Community College Horticulture Department in safety measures, first aid, CPR, equipment operation, etc. The students conduct meetings and a needs assessment at each community to determine the project to be completed. Meetings will take place after the project to evaluate and reflect on the work. The students will also receive training in areas such as communication and leadership skills. A requirement of their service is that they will come back and share their experiences with younger members of the community, so as to instill the ethic of service in the future generations.

Together Reaching Our Youth Hoke

Van Barber (910) 904-1070

TROY Prevention and Intervention Learn and Serve Project seeks to improve literacy skills of middle school youth. Youth volunteers are trained in effective communication, conflict resolution and civic responsibility to serve as tutors to increase literacy as well as develop activities designed to increase cultural awareness and self-esteem. Learn and Serve students will work with other students to design community service projects such

as park clean-ups, delivering meals to shut-ins, etc. TROY also strives to deter delinquent behavior by guiding students through positive programming toward greater civic responsibility and community involvement.

Learn and Serve- Hyde

Judy Kilpatrick (252) 926-2517

The Hyde County Learn and Serve program seeks to take academically troubled junior high students with poor peer, parent and teacher relations, and instill in them the desire for academic achievement and civic responsibility through monthly community service projects such as neighborhood reparations and beautification initiatives. An important aspect of the program is life skills instruction that will partially be accomplished through field visits to places such as correctional facilities, universities, and businesses. Services such as parenting classes, nutrition and tutoring will be coordinated and provided to participants.

Kids Care Clubs

The mission of Kids Care Clubs is to develop compassion and the spirit of service and philanthropy in elementary and middle school aged youth. To that end, the program provides young people with hands-on service opportunities to help others in their local and global communities.

What is a Kids Care Club?

Kids Care Clubs are groups of young people who work together to help others in their communities and around the world. Clubs are formed in schools, churches, synagogues, Volunteer Centers, community centers, homeless shelters and other community-based organizations. Today there are over 1000 registered Clubs in the 50 states and countries including Australia, Canada, Germany, Saudi Arabia and the Netherlands.

What do Kids Care Clubs do?

In 2003 over 40,000 children in clubs contributed millions of dollars in gifts and service. Through hands on projects, including Kids Care BookShare, Team up for Foster Care, Holiday Hope Chests, Read for Refugees and Operation Kids Care members of Kids Care Clubs have helped the elderly, hungry, homeless, disabled, sick, and victims of disasters.

In 2000 Kids Care Clubs became a program of the Points of Light Foundation.

What is the Points of Light Foundation?

The Points of Light Foundation seeks to engage more people more effectively in volunteer service to help solve serious social problems. Founded in May 1990, the Foundation is a nonpartisan nonprofit organization devoted to promoting volunteerism. The Foundation is based in Washington, DC, and works in communities across the United States. Its primary partner in fulfilling its mission is the Volunteer Center National Network. The Foundation's Youth Outreach department seeks to make its mission a reality for youth. Youth Outreach raises

awareness and advocates for the engagement of young people in community problem solving, builds the knowledge and skills of young people to be community problem solvers, and builds the knowledge and skills of organizations and institutions to create meaningful service and leadership opportunities for young people. Kids Care Clubs is only one program that helps the Foundation engage young people in service. To learn more about the Foundation, the National Network of Volunteer Centers and other Youth Outreach visit www.pointsoflight.org.

Link 2 Learn

Contact: Karen Noon
Wade Edwards Foundation
5026 Holly Ridge Drive
Raleigh, NC 27612
Phone: 919.881.9097 Fax: 919.622.3194
Serving: Wake County

Program Description:

Link 2 Learn will provide computer training from Broughton High School students to senior citizens residing in two, nearby low-income retirement facilities. Students will teach the seniors word processing, e-mail, internet and other skills requested by program participants. After the basic curriculum, to be determined by the high school students and program coordinator, is mastered, students and seniors will work together to research and create a multi-media presentation on various topics of interest.

Tri-Cities WorkCamp

Tri-Cities workcamp is an ecumenical, week-long workcamp for high schoolers, held in the Petersburg, Virginia area. Participants repair homes and connect with the residents of Petersburg and ColonialHeights and participate in evening programs each night.

Website (still in progress): <http://tricitiesworkcamp.org/>

Contact: Connie Romaine connie@tricitiesworkcamp.org

Youth Leadership Rocky Mount

Contact: Cassi Buckner
Community Development Foundation of Rocky Mount
PO Box 392
Rocky Mount, NC 27802
Phone: 252.973.1206 Fax: 252.446.5103
Serving: Nash and Edgecombe Counties

Program Description:

The mission of *Youth Leadership Rocky Mount* is to provide high school students with specific leadership skills and to promote the practice of these skills through community service action. The program trains eleventh and twelfth graders to mentor 31 tenth-grade students in service learning principles and practices. The participants also act as tutors/mentors to elementary students and serve on a Learn and Serve advisory council and other community boards, whose job is to evaluate, and to initiate changes in, curriculum and community service projects.

Youth Leadership Institute

Contact: Graig Meyer
Chapel Hill-Carrboro Public School Foundation
750 S. Merritt Mill Road
Chapel Hill, NC 27516
Phone: 919.967.8211 ext. 250 Fax: 919.933.4560
Serving: Orange County

Program Description:

The Youth Leadership Institute program is put forth by both the Chapel Hill-Carrboro Public School Foundation and the Blue Ribbon Mentor-Advocate Program. The program equips participants, who come from disadvantaged backgrounds, with the skills needed to be successful servant leaders. Participants attend a leadership-training summer camp and then establish service clubs in their high schools. Each club works with an adult supervisor and initiates service projects based on student ideas.

Medical:

Hospitals:

Albemarle Hospital
Volunteer Services
Elizabeth City, NC
(252) 384-4676

FirstHealth Hospice & Palliative Care
Volunteer Services
Pinehurst, NC
(910) 215-6000

Bertie Memorial Hospital
Volunteer Services
Attn: Caityn Atkin
1403 South King Street
Windsor, North Carolina 27983
(252) 794-6653

Montgomery Memorial Hospital
Volunteer Services
Troy, NC
(910) 571-5020

Duke Hospital
Volunteer Services
Durham, NC
(919) 684-3835

Moore Regional Hospital
Volunteer Services
Pinehurst, NC
(910) 215-1266

UNC Hospitals
Volunteer Services
Chapel Hill, NC
(919) 966-4793

AIDS Community Residence Association

Mission Statement

ACRA provides diverse housing options, compassionate care, and supportive services for individuals and families living with HIV/AIDS.

Description

Founded in 1987, the AIDS Community Residence Association is a 501(c)(3) organization whose primary focus is housing; the Piedmont HIV Consortium has identified housing as the greatest and least-met need of people with HIV/AIDS. ACRA operates a licensed 24-hour care facility for people with AIDS, Blevins House, and an apartment complex and a quadruplex for families and individuals with HIV, the Fitts-Powell Apartments and Buchanan Place, all located in Durham, North Carolina, but accepting clients from throughout the United States and its territories. ACRA also dispenses emergency rent and utility funds to people living with HIV/AIDS, under the Emergency Shelter Program. Earlier this year, ACRA began offering case management services for people with HIV/AIDS.

Address

PO Box 25265
Durham, NC 27702

Contact: Mercer Tyson (Director of Development)

Phone: (919) 956-7901

Fax: (919) 956-7718

Email: DirDev999@aol.com

Website: www.AIDS-Residence.org

American Red Cross, Cape Fear Chapter

1102 S. 16th St., Wilmington • (910) 762-2683

Volunteer positions include blood service aides, disaster team members, service-to-military caseworkers, health and safety class instructors and office aides. A maximum of four classes are offered each month to train volunteers for the disaster team or to become service-to-military caseworkers. This very active organization has a high community profile and is extremely responsive to people in need. It responds to emergencies both inside and beyond the region with shelter, food and funds. The simple act of giving blood is an easy way to volunteer, and this is a critical need because only 5 percent of the population donates blood. Give blood or volunteer at a blood drive and help save lives.

American Red Cross - Central NC Chapter

Mission Statement

The Red Cross is a humanitarian organization led by volunteers to prevent, prepare and assist in disasters.

Description

Humanitarian Organization covering Durham, Granville, Person and Vance counties.

Opportunities

Blood Donor Aide- Ongoing

Disaster Volunteering- Ongoing

Driver- Ongoing

Address

4737 University Drive

Durham, NC 27707

Contact: Rachel Faulkner (Director of Volunteer Services)

Phone: (919) 489-6541

Email: faulknerr@usa.redcross.org

Website: www.durhamredcross.org

American Red Cross- Coastal Carolina Chapter

1916 S. Glenburnie Rd., Ste. 12, New Bern • (252) 637-3405, (888) 446-0979

Serving Carteret, Craven, Jones and Pamlico counties, this well-known nonprofit organization uses volunteers to assist with blood mobiles and to serve as instructors for classes in first aid, CPR, Learn to Swim, life-guarding, babysitting and more. It also needs volunteers to aid in local and national disaster situations. Volunteers are needed to represent the chapter at fairs, parades, public informational booths and fund-raising events; perform reception, data entry, clerical and organizational assistance in the office; and serve on committees involving special projects, fund-raising, grant-writing, budgeting, auditing and financial development.

American Red Cross - Highlands Chapter

Mission Statement

Together, We Can Save A Life!

Description

We are a private non-profit humanitarian organization chartered by Congress to provide assistance to the American public.

Opportunities

Blood Drive Assistant- Ongoing

CPR/First Aid Instructor- Ongoing

Disaster Services Volunteer- Ongoing

Health and Safety Office Assistant- Wed Dec 10, 2003 to Fri Dec 10, 2004

Office Assistant- Ongoing

Teach Life Saving Skills! Ongoing

Youth Corp Ages 12-18- Ongoing

Address
P.O. Box 35045
807 Carol St.
Fayetteville, NC 28303

Contact: Jack Nales (Executive Director)
Phone: (910) 867-8151
Fax: (910) 867-6004
Email: yourredcross@hotmail.com
Website: <http://highlands.redcross.org>
National Affiliation: American Red Cross

Cape Fear Hospital

5301 Wrightsville Ave., Wilmington • (910) 343-2150,
(910) 343-7704

Cape Fear Hospital continues to recruit increasing numbers of volunteers to meet the growing needs of this busy facility. As the number of orthopedic surgeries increase, more volunteers are needed to staff the Surgical Waiting Room, especially during the third shift (5 to 7:30 PM). Emergency room facilitators and office assistants are needed as well. The Gift Garden and the main lobby reception desk are lovely places to volunteer and serve patients, visitors and staff. Volunteers are also being recruited for the laboratory. If you're interested, call (910) 343-2150 or (910) 343-7704 to find out about the next volunteer orientation.

Craven Regional Medical Center

2000 Neuse Blvd., New Bern • (252) 633-8127

Officials here will tell you that the hospital would not run as well or as smoothly without its faithful volunteers. The center uses its nearly 500-strong volunteer corps for everything from delivering mail and running the gift shop to manning the Healthwatch personal emergency response system. There is a youth volunteer group especially for 14- to 18-year-olds and a volunteer chaplaincy program for ordained ministers. Volunteers also help in the library, newborn nursery, emergency department and critical-care waiting areas. They operate the book cart and humor cart in the hospital, work in offices, and handcraft comfort items for patients. The Gray Ladies and Gray Lads are perhaps the most active group, assisting with a variety of hospital-related duties. There's also an auxiliary group that coordinates activities in 25 different areas. If you have time and energy to spare, the center can put them to good use.

Duke Heart Center Patient Support Program Needs volunteers to provide extra support for patients and their families. Durham. Ongoing. (919)681-5031

Lower Cape Fear Hospice & Life Care Center

725A Wellington Ave., Wilmington • (910) 772-5444

Hospice serves the needs of clients and their families when terminal illness occurs. Volunteers are needed to visit terminally ill clients, do office work and help with fund-raising events. An 18-hour volunteer training course is required and is offered free of

charge three to four times a year. The Annual Festival of Trees is a major fund-raiser for Hospice. Hospice also offers a 12-bed inpatient facility for end of life care, which is especially helpful when caregivers desire a respite. If interested, call the Volunteer Department at (910) 772-5473.

Mental Health Association in Orange County

Mission Statement

To promote positive mental health among the residents of Orange County through advocacy, education, collaboration, and service.

Description

The Mental Health Association in Orange County is a nonprofit organization which has been in existence for over thirty years. We are an affiliate of the NC Mental Health Association. Our mission is to promote positive mental health through advocacy, education, collaboration, and service. Our programs include information and referral, support groups, community advocacy and educational events, depression and anxiety screening days, and Compeer, an award-winning volunteer friendship program for adults with severe mental illness.

Opportunities: Compeer- Ongoing

Details: Compeer is an award-winning program which seeks to reduce the social isolation experienced by adults who have mental illness. Through Compeer, volunteers are matched in one-to-one friendships with persons who have mental illness. Compeer partners get together for at least one hour per week, for at least a year, to share in activities they both enjoy. Each volunteer is carefully screened and trained, and then matched with an appropriate individual who has been referred to us by his or her mental health professional. The volunteer enhances the rehabilitation of his/her Compeer friend by providing individual support. Compeer's goal is to complement professional care by providing a meaningful friendship and role model outside of the traditional mental health setting. Compeer helps clients to improve their communication and social skills, develop a sense of security and belonging, and increase self-esteem and interpersonal trust. Current volunteers report that the program is extremely rewarding. Compeer provides initial and ongoing training and support to all volunteers.

Skills: Kindness, gentleness, patience, responsibility, dependability, maturity.

Address

302 W. Weaver St.
Carrboro, NC 27510

Contact: Paula Hyman (Executive Director)

Phone: (919) 942-8083

Fax: (919) 942-8083

Email: mhaoc@intrex.net

Website: <http://www.mhaoc.com>

New Hanover Regional Medical Center

2131 S. 17th St., Wilmington • (910) 343-7784

The Medical Center has many areas of volunteer involvement, and opportunities for new services are constantly evaluated. An average of 750 active volunteers give their time and skills each year in direct patient care services. If you feel you have four or more hours per week to give to a service of your choice, call the above number.

Fundraising and Donations:

The Bargain Box

4213 Princess Place Dr., Wilmington • (910) 362-0603

The Bargain Box, a resale boutique, is an outreach ministry of Wilmington's Church of the Servant, Episcopal. They encourage the recycling of pre-owned goods and the creative utilization of pre-loved merchandise. A wide variety of affordable, quality merchandise is offered, including a complete assortment of clothing, furniture and household items, collectibles and records, tapes and CDs, toys and games, jewelry and accessories. Income is re-distributed to existing ministries through a grant program. Vouchers are available from specified churches and social service agencies for people with emergency needs. There is also a bin full of free, usable clothing. Volunteers are needed to steam clothing, work the cash register, provide customer service, pick up furniture, deliver bags of clothes to migrant workers, organize the library, do garden and lawn work and perform handyman duties. Volunteer your time and talents, or help by shopping at The Bargain Box or bringing donations. Encourage your friends and family to do likewise. The Bargain Box is open Tuesday through Friday 11 AM to 6 PM and Saturday 10 AM to 5 PM. They are open on Monday from 10 AM to 4 PM for donations only.

Domestic Violence Shelter and Services Inc.

Wilmington • (910) 343-0703

This agency shelters women and children who have suffered domestic violence. Volunteers are needed for the Vintage Values resale shops, office work, transportation, children's programs, court advocacy, fund-raising, outreach/education and direct services. Volunteers can assist with emergencies on an on-call basis. More than 1,500 women and children are assisted yearly by the shelter. Volunteers are always needed at the stores to serve customers and sort donations. You can also help by donating gently used clothing and re-sellable merchandise. The Vintage Values stores have four locations: 413 S. College Rd., 609 Castle St., 2103 Market St., and 5226 S. College Rd. All proceeds from the Vintage Values stores go to the Domestic Violence Shelter and Services.

Good Shepherd House

811 Martin St., Wilmington • (910) 763-4424

This day shelter for homeless people needs volunteers to work at the front desk greeting guests, answering the phone and distributing toiletry items for the shower. Volunteers are also needed to sort clothing, distribute fresh clothing and drive the van to take clients to work or on errands. People interested in working in the kitchen are needed to set up for lunch, serve meals and clean up. Volunteers are also needed for Second Helpings, a food re-distribution program. Last year the program redistributed 700,000 pounds of food to 21 different social service agencies. People can stop by between 8 AM and 3 PM to donate food and clothing.

Habitat Hand-Me-Ups Store

Mission Statement

The primary mission is to raise funds for the Habitat for Humanity affiliates of Durham and Orange counties. Store profits contribute to the purchase of materials to build homes. A secondary mission is to offer good quality household goods at a reasonable price for all customers. The store also has a positive impact on the environment by facilitating reuse of items.

Description

The store accepts donations of excellent to good quality furniture, appliances, house wares, lamps, pictures, etc. No clothes or building materials are accepted. A truck can be sent for large furniture or appliances. The donor is given a tax receipt. These items are then sold to any one who wishes to buy.

Opportunities

Habitat for Humanity Neighborhood Furniture and Household Items Collection- Ongoing
Repair of furniture or appliances- Ongoing
Store volunteers- Ongoing

Address

3215 Old Chapel Hill Rd.
Durham, NC 27707

Contact: Cathy Lambe (Volunteer Coordinator)

Phone: (919) 403-8668

Fax: (919) 402-0441

Email: handmeupstore@aol.com

Sheltered Treasures

(910) 457-1078

Sheltered Treasures accepts clothing, house wares and other donations. The sale of these items benefits Brunswick County youth who stay at the Providence Home Family Emergency Teen Shelter in Southport. Volunteers are needed to sort and price goods, set up displays and provide customer service at the sites in Sunset Beach, Calabash, Shallotte and Southport.

Sunshine Transitional Programs

(910) 755-7248

Sunshine Transitional Programs provides housing for battered women and their families. Volunteers are needed for program delivery and office support. Donations of furniture, household items, women and children's clothing and toiletry items are welcome. Please call ahead so that your donations can be matched with people's needs.

Social Justice:

People of Faith Against the Death Penalty

Join this ecumenical organization to work towards the abolition of the death penalty. They need letters written, phone calls made, events planned and your prayers.

PFADP

110 W. Main St., Suite 2-G
Carrboro, NC 27510

Phone: (919) 933-7567

Fax: (919) 933-5611

Email: info@pfadp.org

Justice Walking- JustFaith

In light of the widespread success of the JustFaith formation process, which empowers adults to deepen and express their passion for justice through parish social ministry, JustFaith announces the creation of a process that responds to the realities and expectations of older teenagers and their mentors in parish, diocesan, and high school campus ministry settings.

JusticeWalking (J-Walking) is an experiential process that brings adults and Catholic high school teenagers into a covenant community in order to experiment with living the Gospel message and the practical implications of Catholic social teaching. Key to this process are the relationships that are created within the J-Walking community and those encountered "across the street" at the margins. Through prayer, retreats, discussion and relationships, J-Walking offers young people the opportunity to broaden the circle of their awareness, exposing them to the spirit of unbridled compassion called justice, while adult J-Walking companions deepen and share their passion for justice and recommit to re-adjusted living in the spirit of the Gospels.

Program Details

J-Walking ("jaywalking") means going against the flow, choosing unconventional paths, crossing social and cultural boundaries, entering into unlikely relationships, uncovering new opportunities to build community and gaining insightful perspectives through

personal encounters, prayer, reflection and dialogue. Over the course of a nine-month school year a small community of young people and adult mentors (between 5-10 teens and 2 to 4 adults) enter into: prayerful dialogue; experiential investigation of the prophetic call to live justly; building relationships with people at the margins as well as faithful witnesses of Gospel living; and a life pilgrimage into justice-based ministry.

The J-Walking process includes the following components:

18 biweekly meetings

Contemplative dialogue on the signs of our times

An opening and a closing retreat

A short justice-immersion experience

Gatherings located at a community service agency

Maintaining a justice log

Reading and reflecting on a common text

Selecting and reading one additional book

Small-group research and investigation of systemic injustice

Practicing nine lifestyle adjustments that apply Gospel teachings to life choices

Jack Jezreel- Director

(502) 429-0865

jack@justfaith.org

<http://www.catholiccharitiesusa.org/justfaith/docs/jwalkf.pdf>

Student Action and Farm workers Now seeking spring volunteers and interns. Various positions available. Durham. Ongoing. (919)660-3652

Websites pertaining to social justice:

www.bread.org- Bread For the World website

www.thehungersite.com- Click your way to a less hungry world.

<http://justice.policy.net/> - Fight injustice

www.CJreform.org- Campaign for Criminal Justice Reform

Volunteer Organizations:

Jacksonville Breakfast Lions Club

Mission Statement

To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation.

Description

We meet every 2nd and 4th Monday at 7 PM for dinner, meeting starts at 7:30 PM. We volunteer in the community, from special events like the Special Olympics to regular Visually Impaired Support Group once a month.

Details: You may recognize the Lions as advocates for the blind. We also help the hearing impaired and disabled. During the summer, we volunteer at BOLD's Downtown Alive booth, we have our own booth selling sno-cones at National Night Out in August, we collect glasses and hearing aids. We help the visually impaired get their meals at their support group meetings once a month, we have opportunities for everyone to help out! We meet every 2nd and 4th Monday at 6:45 PM for dinner, meeting starts at 7:15 PM.

Address

2055 N. Marine Blvd at Golden Corral
Jacksonville, NC 28540

Contact: Bette Ehren (Lion)

Phone: (910) 347-3062

Email: jaxlions@excite.com

Website: <http://www.lionwap.org/JaxBCLionsNC>

Pender Volunteer Center

Mission Statement

Matching volunteers' skills and talents with needs in nonprofit organizations in order to establish a lifelong pattern of serving the community.

Description

Pender Volunteer Center is a resource for both people wanting to volunteer and agencies requesting volunteer assistance.

Opportunities

Pender Volunteer Center- Ongoing

Details: works to match volunteers according to their interests of non-profit organizations in Pender County

Skills: volunteers are needed to do clerical work, reception work, help with special events, deliver meals on wheels, maintenance/repair work to homes, landscaping/yard clean up, work in resale shops, mentors and tutors, read shelves at the library, visit the homebound and in hospitals, opportunities for all ages

Address

PO Box 1251
901 S. Walker St

Burgaw, NC 28425

Contact: Kay Warner (Director)
Phone: (910) 259-9119
Fax: (910) 259-9144
Email: kwarner@PenderAdultServices.com
Website: www.PenderAdultServices.com

Volunteers of America of the Carolinas

Mission Statement

Volunteers of America is a movement organized to reach and uplift all people and bring them to the knowledge and active service of God. Volunteers of America, illustrating the presence of God through all that we do, serves people and communities in need and creates opportunities for people to experience the joy of serving others. Volunteers of America measures its success in positive change in the lives of individuals and communities we serve.

Description

An organization that provides affordable/transitional housing and childcare to homeless and families in crisis.

Opportunities

Carpentry- Sat May 1, 2004 to Mon Nov 1, 2004
Child Care Provider- Ongoing
Children's Reader- Ongoing
Cleaning- Sat May 1, 2004 to Tue Nov 1, 2005
Donation Sorter- Ongoing
Library Assistant- Ongoing
Maintenance- Sat May 1, 2004 to Tue Nov 1, 2005
Mentor- Ongoing
Office Assistant- Mon Jun 21, 2004 to Thu Dec 29, 2005
Painter- Sat May 1, 2004 to Sat Dec 31, 2005
Teacher's Assistant- Ongoing

Address

246 Stoneridge Dr Suite 103
PO Box 1447
Columbia, SC 29202

Contact: Melissa Youngkin (Volunteer Manager)
Phone: (803) 779-6465
Fax: (803) 779-1657
Email: myoungkin@voacarolinas.org
Website: www.voacarolinas.org

Volunteer Orange Service of Triangle United Way recruits and refers volunteers to more than 175 non-profit organizations. Volunteers needed immediately. Durham. Ongoing. (919)929-9837

Websites specifically detailing city, state and nationwide service opportunities for youth and adults:

www.youthnoise.com

http://www.yvca.org/yvca/start_yvca/index.cfm - Create a youth volunteer corps.

<http://www.thevolunteercenter.org> –Durham, NC

<http://www.theinnovationcenter.org/> - Nationwide

<http://www.triangleimpact.org/>

<http://www.volunteermatch.org>

<http://www.cnvs.org>- Catholic Network of Volunteer Services

<http://www.nydic.org/nydic/>

<http://www.volunteernc.org/code/volcentrs.htm>- volunteer centers for every county in NC.

<http://www.thevolunteercenter.org/yva.html> - young volunteers in action- Durham