

PRAYERS AND SCRIPTURE PASSAGES FOR FAMILIES TO MEMORIZE

*From the Handbook of Faith Development by the Roman Catholic Diocese of Raleigh North Carolina*

PRE-K	Sign of the Cross Morning and Evening Prayer Blessing before Meals
GRADE 1	Our Father Hail Mary Glory Be (Trinity Prayer)
GRADE 2	Act of Contrition Gloria/Glory to God Simple responses at Mass
GRADE 3	The Apostles' Creed Nicene Creed 10 Commandments (Exodus 20:2-17 or Deuteronomy 5:6-21) Great Commandment (Law of Love)
GRADE 4	Rosary: Joyful, Sorrowful, Luminous, and Glorious Mysteries Fatima Prayer Hail Holy Queen Memorare
GRADE 5	Beatitudes (Matthew 5:3-10) Corporal/Spiritual Works of Mercy Stations of the Cross
GRADES 6-8	Apostles' and Nicene Creeds St. Francis Peace Prayer Lorica of St. Patrick Confiteor Divine Praises
GRADES 9-12	Prayer to the Holy Spirit (Come Holy Spirit) Gifts and Fruits of the Holy Spirit Holy Spirit Prayer of St. Augustine Magnificat Act of Faith, Act of Hope, Act of Charity

### **Apostles' Creed**

I believe in God, the Father Almighty, creator of Heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He rose again from the dead. He ascended into Heaven, and is seated at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Nicene Creed**

We believe in one God, the Father, the Almighty, maker of Heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, one in Being with the Father. Through Him all things were made. For us men and for our salvation he came down from Heaven: by the power of the Holy Spirit he was born of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate; he suffered, died, and was buried. On the third day he rose again in fulfillment of the Scriptures; He ascended into Heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

We believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son. With the Father and the Son He is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

### **St. Francis Peace Prayer** *Catholic Source Book*

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

Where there is injury, let me sow pardon;

Where there is doubt, let me sow faith;

Where there is despair, let me sow hope;

Where there is darkness, let me sow light;

Where there is sadness, let me sow joy.

O Divine Master, grant that I may not so much seek

To be consoled, as to console;

To be understood, as to understand;

To be loved, as to love.

For it is in giving that we receive;

It is in pardoning that we are pardoned;

And it is in dying that we are born to eternal life.

**Lorica of St. Patrick** *Catholic Source Book*

Christ with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left, Christ in breadth,  
Christ in length, Christ in height,  
Christ in the mouth of everyone who speaks to me,  
Christ in the heart of everyone who thinks of me,  
Christ in every eye that sees me, Christ in every ear that hears me.  
I arise today through a mighty strength, the invocation of the Trinity,  
Through belief in the Threeness, through confession of the Oneness, of the Creator of  
Creation.

**Confiteor (I Confess)**

I confess to Almighty God, and to you my brothers and sisters, that I have sinned through  
my own fault in my thoughts and in my words, in what I have done and in what I have failed  
to do. And I ask Blessed Mary, ever Virgin, all the angels and saints, and you my brothers  
and sisters, to pray for me to the Lord our God.

**Divine Praises** *(one person says a line and all others repeat)*

Blessed be God. ...Blessed be God.  
Blessed be His Holy Name...Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true man...  
Blessed be the name of Jesus...  
Blessed be His Most Sacred Heart...  
Blessed be His Most Precious Blood...  
Blessed be Jesus in the Most Holy Sacrament of the Altar...  
Blessed be the Holy Spirit, the Paraclete...  
Blessed be the great Mother of God, Mary most holy...  
Blessed be her Holy and Immaculate Conception...  
Blessed be her glorious Assumption...  
Blessed be the name of Mary, Virgin and Mother...  
Blessed be St. Joseph, her most chaste spouse...  
Blessed be God in his angels and in His saints...

May the heart of Jesus, in the most Blessed Sacrament, be praised, adored, and loved  
with grateful affection, at every moment, in all the tabernacles of the world, even to the  
end of time. Amen.